

NOVEMBER SPECIALS

At **The Embodied Way**, I believe self-care is the best way to help you be your best in the most important areas of life.

Beautiful and bespoke skin and soul treatments by Glenda



A Little Sunshine

November can be hard on the skin. Weather changes create differing demands each day. Help your skin adjust with a deeply nourishing Hydrascience Facial, and enjoy an uplifting aromatherapy foot massage at no additional charge. \$135 plus GST for 1.5 hours of TLC

Cleanser Toner Duos

They are back! And what a deal. Purchase a Hydracalm Cleanser and Toner Duo for \$95. A savings of 10%. Give your skin the loving care it wants and needs. A well-cleansed skin looks and feels radiant. Available in studio or online.